

ReENTER AT REH-transformer // PROGRAM SEPTEMBER 2014

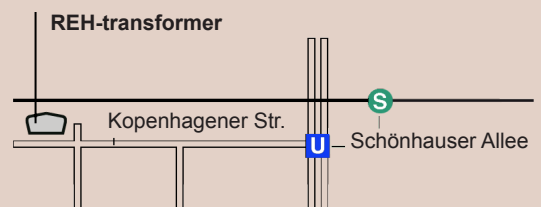
5.09 6.-7.09	17-20h 11-14h	KITAO HIROYO* IN BERLIN WORKSHOP AND PERSONAL SESSIONS	The workshop offers a natural self-body-treatment and guidance for self-body-care, focusing on the human body's natural healing capacity and dynamics.  Open to dancers, movers, therapists and all person interested in working and treating their body using the freedom of think and move.	170€ / 150€ till 25.08 Personal Sessions 40€
11.-13.09	17-20h	"30 YEARS MINAKO SEKI" VIDEO INSTALLATION	Documentation of performance works by Minako Seki.	Free
11.-26.09	Daily 9.00 -11.30	OPEN TRAINING BY ReENTER COMPANY	ReEnter Company opens the doors of their daily training. The visitors can join their routines such as Vipassana meditation, cleaning the space, body warm-up and diverse exercises. In September the main theme of the rehearsals is LIMIT. Its recommended to join the rehearsals the full week.	6 € Daily 25 € Weekly
14.09	19h	WATER BAG LECTURE PERFORMANCE BY MINAKO SEKI	Introducing the audience to the Water Bag Technique. In the lecture Minako Seki will guide the assistants to feel and understand the body as a flexible container full of liquid.	Free W
Tuesday 16. + 23. 09	17-22h	OPEN IMPROVISATION / MUSIC JAM SESSION AND MACROBIOTIC FOOD-BOX	A playground of improvised dance and music, where individual needs and collective awareness give space to the spontaneous expression. Some musicians will be invited to play and delicious macrobiotic food will be cooked and served.	6 €
17.-18.09	Starting at 10h for 32h	32 HOUR MARATHON REHEARSAL BY ReENTER COMPANY	Going over the LIMIT for 32 hours in a row! At any time the audience is warmly welcomed to see the ReEnter company members rehearsing, performing, training, eating, meditating and resting.	Free
18.09	19h	SHOWING	At the end of the marathon they will present their work and open a feedback round and open discussion with the audience.	
20.09	20h	MINAKO SEKI'S 55 PIECES IN 55 MINUTES, WITH ZAM JOHNSON* & VEIT SPRENGER*	Minako will re-enact 55 performances, giving one minute to each. The piece is a tribute of the 30 years of Minako Seki. The musician Zam Johnson and the theatre maker Veit Sprenger, who have continuously performed with her during this years, will join her.	10 €
25.09	20h	ESSENCE LECTURE PERFORMANCE BY BERNHARD VIERLING*	In the lecture performance, we will question what is the intrinsic motivation to do anything, the reasons of what exists and its spaces in between. Anthro-technical issues will be analysed in a collective distillation process. Several group exercises and talks will be taken simultaneously with the chemical process of condensing a liquid crystal.	6 €
26.09	20h	LIMIT / PERFORMANCE BY ReENTER COMPANY	Last Performance by Re-Enter company. Showing their experience of the intensive month on the topic LIMIT.	6 €
27.09	20h	PERFORMANCE BY MINAKO SEKI	Last Performance by Minako Seki.	10 €

For more information  
or to book a personal session with Kitao Hiroyo, please write us an Email  
at: [mail@minakoseki.com](mailto:mail@minakoseki.com)

To know more about the company and Minako Seki:  
[www.minakoseki.com](http://www.minakoseki.com)

To join our activities during the month of September, please just come by  
**REH-transformer**  
Kopenhagener Str. 17 / 10437 Berlin  
more info: [www.rehtransformer.com](http://www.rehtransformer.com)

Contact: [REH-transformer@email.de](mailto:REH-transformer@email.de)  
Director: **Marcus Kettel**



**REH-transformer**



at REH-transformer

reEnter  
creative Dojo

sept 2014

ReEnter Company : Minako Seki (Founder / Choreographer)  
Members: Laura Pacheco, Mab Cadoso, Tania Girón, Radja Juschka,  
Moritz Bonatti, Danilo Sepúlveda, Dominique Melhem



Minako Seki is presenting her holistic vision which combines dance, mediation, healing, nutrition, science, philosophy and spirituality in an open and dynamic art project.

Through her personal Seki Method she searches a deep communication between consciousness and unconsciousness.

After her 30 years experience Minako Seki has founded the **ReEnter | Creative Dojo**. With the project, she wants to give a physical form to her vision, creating a Performance Company and planning to open a centre, where all the different activities find a common place.

During the month of September 2014, **REH-transformer** is inviting ReEnter to present its project and create the gallery program.

The company will use the space for their daily body trainings and rehearsals as well as to present their work in video projections and performances, lectures, jam sessions and workshops.

ReEnter will transform the Project Space into a micro-version of a macrocosmos, to experience nonstop the challenge of growing together and spread the vision!

## LIMIT

During the month **LIMIT** will be the leading theme to structure the work of rehearsals and performances. In the work we will be questioning what are those things that are creating limits in our lives and what are the origins and consequences.

## GUESTS

**\*KITAO HIROYO** Coming from the modern dance practice found her path in the study of somatic body techniques such as Alexander Technique, Feldenkrais Method as well as Bio-Dynamics Theory and applied Kinesiology. She worked as the physiotherapist of Pina Bausch dancers. Since 1991, besides her practice as a solo performance artist she has developed her teaching career based on a deep exploration of body sensations.

**\*BERNHARD VIERLING** is an artist (Performance/Drawing) and management trainer. He specialized in transdisciplinary approaches at the intersection of artistic strategies and personal coaching.

**\*ZAM JOHNSON** is an American composer based in Berlin. He works for Avantgarde film, theatre and dance and is part of the Avantgarde scene in USA, Europe and Japan.

**\*VEIT SPRENGER** is a theatre maker, author and musician; grounder of the recognized performance group Schowcase Beat Le Mot, with whom Minako Seki is collaborating as choreographer.